

Pool Schedule

Effective May 29th, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30- 8:00 Lap Swim	6:30- 8:00 Lap Swim	6:30- 8:00 Lap Swim	6:30- 8:00 Lap Swim	6:30- 8:00 Lap Swim		
8:00-8:55 Aquacize/ Deep Water Aerobics	8:00-8:55 Water Wellness	8:00-8:55 Aquacize/ Deep Water Aerobics	8:00-8:55 Water Wellness	8:00-8:55 Aquacize/ Deep Water Aerobics		
8:00-10:00 Senior/ Pre-Senior Rays	8:00-10:00 Senior/ Pre-Senior Rays	8:00-10:00 Senior/ Pre-Senior Rays	8:00-10:00 Senior/ Pre-Senior Rays			
9:00-9:45 Nursery Lessons	9:00-9:45 Nursery Lessons	9:00-9:45 Nursery Lessons	9:00-9:45 Nursery Lessons	9:00-11:15 Pool Closed	9:00-12:00 Lap Swim	
9:00- 10:30 Age-Group Rays	9:00- 10:30 Age Group Rays	9:00- 10:30 Age-Group Rays	9:00- 10:30 Age Group Rays			
10:00-11:00 Swim Lessons	9:30-10:30 Mini Rays	10:00-11:00 Swim Lessons	9:30-10:30 Mini Rays			
	10:00-11:00 Swim Lessons		10:00-11:00 Swim Lessons			
11:15-12:15 Water Wellness	11:15-12:15 Water Wellness	11:15-12:15 Water Wellness	11:15-12:15 Water Wellness	11:15-12:15 Water Wellness		
12:15-1:15 Lap Swim	12:15-1:15 Lap Swim	12:15-1:15 Lap Swim	12:15-1:15 Lap Swim	12:15-1:15 Lap Swim	12:00-1:00 Closed	
1:15-2:15 Aquacize/ Deep Water Aerobics	1:15-2:15 Aquacize/ Deep Water Aerobics	1:15-2:15 Water Wellness	1:15-2:15 Aquacize/ Deep Water Aerobics	1:15-2:15 Water Wellness	1:00-4:30 Recreational Swim	2:00-4:30 Lap/Recreational Swim
2:15-2:45 Summer Arts & Science Camp	2:15-2:45 Summer Arts & Science Camp	2:15-2:45 Summer Arts & Science Camp	2:15-2:45 Summer Arts & Science Camp	2:15-3:30 Pool Closed		
2:45-3:30 Pool Closed	2:45-3:30 Pool Closed	2:45-3:30 Pool Closed	2:45-3:30 Pool Closed			
3:30-4:45 Recreational Swim	3:30-4:45 Recreational Swim	3:30-4:45 Recreational Swim	3:30-4:45 Recreational Swim	3:30-4:45 Recreational Swim		
5:00-7:00 Swim Lessons	5:00-7:00 Swim Lessons	5:00-7:00 Swim Lessons	5:00-7:00 Swim Lessons	5:00-6:00 Lap Swim		
7:00-8:00 Lap Swim/ Recreational Swim	7:00-8:00 Lap Swim/ Recreational Swim	7:00-8:00 Lap Swim/ Recreational Swim	7:00-8:00 Lap Swim/ Recreational Swim			

GHWC does not guarantee anyone their own lane for lap swim. If you wish to swim laps, you might have to share a lane with other members.

GHWC reserves the right to change or cancel class times or days.

**** Lap swimming is for laps only. No recreational swim or water walking**