

Pool Schedule

Effective August 31, 2015

Monday

6:30-8:00 Lap Swim
8:00-8:45 Deep H2O Aerobics
8:00-9:00 Aquacize/PT
9:00-11:15 School District
11:15-12:15 Water Wellness/ Shared
12:15-1:15 Lap Swim/Shared Time
1:15-2:15 Aquacize/Deep H2O Aerobics/PT
2:15-7:00 Classes/Programs
3:30-5:00 Rec. Swim/Programs
6:00-7:00 Deep H2O Aerobics
6:30-8:00 Lap Swim/Shared Time
*6:30 - 8:00 Recreational/Shared Time

Tuesday

6:30-8:00 Lap Swim
8:00-9:00 Water Wellness
9:00-11:15 School District
11:15-12:15 Water Wellness/PT/Shared
12:15-1:15 Lap Swim/Shared Time
1:15-2:15 Aquacize/Deep H2O Aerobics/PT
2:15-7:00 Programs/Classes
6:00-7:00 Deep H2O Aerobics
6:30-8:00 Lap Swim/Shared Time
*6:30 - 8:00 Recreational/Shared Time

Wednesday

6:30-8:00 Lap Swim
8:00-8:45 Deep H2O Aerobics
8:00-9:00 Aquacize/PT
9:00-11:15 School District
11:15-12:15 Water Wellness/Shared
12:15-1:15 Lap Swim/Shared Time
1:15-2:15 Water Wellness
2:15-7:00 Classes/Programs
3:30-5:00 Rec. Swim/Programs
6:30-8:00 Lap Swim/Shared Time
*6:30 - 8:00 Recreational/Shared Time

Thursday

6:30-8:00 Lap Swim
8:00-9:00 Water Wellness
9:00-11:15 School District
11:15-12:15 Water Wellness/PT/Shared
12:15-1:15 Lap Swim/Shared Time
1:15-2:15 Aquacize/Deep H2O Aerobics/PT
2:15-7:00 Programs/classes
6:00-7:00 Deep H2O Aerobics
6:30-8:00 Lap Swim/Shared Time
*6:30 - 8:00 Recreational/ Shared Time

Friday

6:30-8:00 Lap Swim
8:00-8:45 Deep H2O Aerobics
8:00-9:00 Aquacize/PT
9:00 - 11:15 School District
11:15-12:15 Water Wellness
12:15-1:15 Lap Swim/Shared Time
1:15-2:15 Water Wellness
3:30-5:00 Rec. Swim
5:00-6:00 Lap Swim

Saturday

9:00-12:00 Lap Swim
1:00 - 4:30 Recreational Swim

Sunday

2:00 - 4:30 Lap/Recreational Swim

*During these times the pool will be set up for both recreational and lap swimming. Recreational area will share with other activities also.

Shared time is a time designated for extra classes or other activities that must take place in the swimming pool - NOT Recreational Swimming*

Times are subject to change

(rev 8/2015)